

With Every Breath

כָּל הַנְּשָׁמָה תְּהַלֵּל יְיָ הַלְלוּ-יָהּ:

Kol han'shamah t'haleil Yah Hallelu Yah.

Every soul praises Yah with every breath. Halleluyah! (Psalm 150:6)

From the moment of birth until death!

This is the very last line of the book of Psalms, and it pretty much sums it up. Can we know our very breath as praise?